Housekeeping instructions to prevent the spread of COVID-19

There is currently no official document describing precisely the procedures for cleaning and disinfecting tourist accommodation.

We have created this list of instructions from recommendations provided by various tourism organizations.

Keep it for reference when cleaning your home, or provide a copy to the professional who takes care of it.

Your household checklist



Ventilate rooms before and during cleaning.

Allow air to circulate for at least 20 minutes. If possible, leave all windows open from start to finish.

Wash your hands thoroughly at the beginning, at the end of cleaning and between each step.

Use soap and water, and scrub for at least 20 seconds. If this is not possible, use a hydroalcoholic gel.



Wear disposable gloves.

Gloves should be discarded after each cleaning session. Remember to wash your hands immediately after removing your gloves.

Preferably use paper towels, disinfectant wipes and other disposable household utensils.

If you prefer to clean with reusable utensils, machine wash them at the highest temperature the utensil can withstand.



Clean, then disinfect.

Cleaning involves using soap or detergent and water to remove dirt and germs. Disinfection involves using chemicals to kill germs. The combination of these two methods is the best way to reduce the spread of infection.



Use an appropriate disinfectant.

Diluted household bleach, cleaning products with at least 70% alcohol and most disinfectants registered by the Environmental Protection Agency are considered effective against the coronavirus.



Pay particular attention to frequently touched items.

You will need to disinfect, in particular, switches, door handles, remote controls, faucets and frequently used appliances. (See our list of frequently touched items on the next page)

Don't forget sofas, rugs, curtains and other soft and porous surfaces.

Carefully remove any visible dirt or dust, then use a disinfectant suitable for different fabrics. If possible, machine wash fabrics according to manufacturer's instructions.

Wash all linens at the highest temperature recommended by the manufacturer.

This includes sheets, mattress covers, mattress pads, pillowcases, hand and bath towels, and tea towels. Wear gloves when handling dirty laundry.



Clean and disinfect laundry baskets.

Consider using a disposable or machine washable cover.

What to clean and disinfect?

Pay particular attention to frequently touched items.

- Door, cupboard, drawer handles
- Garbage cans and recycling bins
- Keys
- Switches
- Guardrails
- Remote controls
- Tables, tablecloths and table sets
- Chairs backs
- Thermostats
- Window sills and handles
- Vacuum cleaners

Kitchen:

- Household appliances: refrigerator, coffee maker, kettle, toaster, etc..
- Door and drawer handles
- Condiments: bottles of oil, pepper shakers, salt shakers, spices and frequently used containers, etc.

- Kitchen utensils not dishwasher safe.
- Sinks

Bathroom :

- Showers and bathtubs
- Washbasins
- Toilets
- Faucets
- Soap dispensers
- Shower curtains and doors
- Hair dryer

Bedroom :

- Bed linen
- Night tables

Childcare articles:

- High chairs
- Baby cots and playpens

* This content is based on information provided by various tourism organizations. This information has not been validated by an official organisation. La Rosière Reservation declines all responsibility or gives no guarantee, express or implied, as to the completeness, accuracy, reliability, relevance or availability of this content disclosed for any purpose whatsoever. Any reliance on this information is your responsibility.