

## **THE LEVELS**

TEENS-ADULTS : FROM AGE 13			
LEVEL	WHO'S IT FOR ?	WHAT DO YOU LEARN	THE EQUIPMENT
PERFORMANCE	From age 14.     Some slalom experience is recommended.	<ul><li>Perfect your racing skills between gates and poles.</li><li>Mainly the slalom stadium.</li></ul>	<ul> <li>Slalom skis.</li> <li>Slalom protection (shin guards, pole hoods).</li> <li>Poles.</li> <li>Helmet obligatory.</li> <li>Lift pass.</li> </ul>